

# Education For Choice Training

## **Abortion: Dilemmas and Decisions**

A one day cross-sector training course on abortion issues for professionals working to support young people around unintended pregnancy in education, health, and youth work

## **Pregnancy: Choices and Challenges** \*\*NEW\*\*

A one day specialist training course on supporting vulnerable pregnant young women and their partners, particularly those with care experience, to make informed choices about pregnancy and abortion



### What does the training offer?

Education For Choice training equips professionals with the information, skills and confidence to be able to talk to young people about pregnancy and abortion. **Abortion: Dilemmas and Decisions** provides an opportunity for participants to explore their own attitudes and values, to develop a deeper understanding of the issues, to identify good practice and to gain the support they need to develop their professional practice in a range of settings. For those professionals who work exclusively or primarily with young people in care, the **Pregnancy: Choices and Challenges** training also facilitates an exploration of values and equips participants with a better understanding of issues and good practice but focuses more closely on the one-to-one decision-making process for young people with care experience.

### Why are these training days needed?

Professionals in education, health, social care and youth work tell us that they want to be able to support young people to make informed decisions about pregnancy and abortion, but often feel that abortion is too daunting a topic to address. Many say that they are anxious about causing offence or distress, of 'opening a can of worms', of not being able to give accurate information, or of influencing a decision about pregnancy. For professionals who work with young people in or leaving care, the unique challenges presented by this high risk group may add more anxiety about non-directive support in one-to-one settings.

Often this leads to abortion being dropped from planned education provision and group work, or of it only being addressed if the young person raises it first. When professionals working in one to one settings lack confidence on this issue they often refer a client on to another professional. This can be difficult for a young person who has built up the courage to ask for help and advice and has chosen to go to someone they trust. The more professionals who are confident and skilled to offer support - on a one to one basis or in an educational context - the more young people will be able to make their own, informed choices.

**Commissioners say . . .**  
"Providing Education For Choice training has changed the way staff in a range of agencies feel about being able to deal with the issue of termination...it has increased staff confidence and knowledge and improved support for young people. I would recommend Education for Choice training for anyone working in sexual health but also in wider services such as health visiting, school nursing, youth work and the voluntary sector."  
**Teenage Pregnancy Coordinator, Hull, 2009**

### Why now?

The UK remains the country with the highest teenage pregnancy rate in Western Europe. The past year has seen unprecedented media attention on young people, confidentiality, sex and relationships education and abortion. Young people are bombarded with confusing and contradictory information and need support to untangle mixed messages and gain clarity and confidence about their rights and responsibilities. More than ever they need professionals who can provide reliable information, good educational opportunities and access to high quality, supportive services.

### Who is the training for?

#### **Abortion: Decisions and Dilemmas:**

PSHE Advisory Teachers/Coordinators • School Nurses • Healthy Schools Coordinators • Health Educators • Connexions Advisors • Teenage Pregnancy Coordinators • Youth Workers • Boys & Young Men's Workers • Social Workers • Sure Start/Plus Workers • Teenage Pregnancy Workers • Service Providers

#### **Pregnancy: Choices and Challenges:**

Professionals who work **exclusively** or **primarily** with young people in or leaving care, including:  
Social Workers • Looked After Children Workers • Leaving Care Team Workers • Looked After Children Nurses • Care Service Managers • Foster Carers

### How much does it cost?

Education For Choice trainings provide excellent value for money. Training for up to 15 participants can be commissioned at any location in England for £950 per day, or just over £60 per trainee, plus travel and room expenses. The price includes either a Best Practice Toolkit on Abortion Education (to help educators understand and implement best practice in abortion education) or a Best Practice Toolkit on Pregnancy Decision-Making Support (to help managers and practitioners understand and implement best practice in this field) for each participant. Please tick the relevant box to indicate which you would prefer participants to receive: Education Toolkit [ ] Decision-Making Toolkit [ ].

We also provide a consultancy service and are happy to talk to you about your individual requirements.

## Abortion: Dilemmas and Decisions Multi-Agency Training

A one day cross-sector training course on abortion issues for professionals working to support young people around unintended pregnancy in education, health, and youth work

### Course aims:

- To raise awareness and understanding of teenage pregnancy and abortion so that professionals can facilitate constructive discussion of the issues and equip young people to make and act on informed choices

Really excellent, authoritative, balanced, and very well presented.  
Teacher  
Weymouth  
January 2008

- To enable practitioners to provide clear information and supportive advice about abortion to young people

- To facilitate reflection of personal attitudes and values and how they impact on professional practice

### Outcomes - by the end of the course participants will:

- Be able to explain the importance of addressing abortion with young people and professionals
- Have considered their own and other's view points on pregnancy and abortion and reflected on how these might influence their work with young people

I really enjoyed the training- the facilitator made me feel relaxed and respected my views. Excellent materials were given and used. **Enjoyable and useful training.**  
Thank you!  
Youth Worker  
Leeds  
March 2006

- Be better able to take a client focus
- Be able to use a range of exercises to facilitate discussion of abortion with young people in group work/education
- Feel more confident in delivering abortion education within Sex and Relationships Education

- Have considered practical ways of supporting a young person to make an informed decision about pregnancy and feel more confident in doing so
- Understand key policies relating to young people, abortion, confidentiality and the law.
- Know about abortion provision and understand abortion in relation to physical and emotional health

Well-structured exercises I can take to work with me. **Great materials**, varied, interesting programme, and very knowledgeable facilitators.  
Social Worker  
Stratford  
December 2007

## Pregnancy: Choices and Challenges Specialist Training

A one day specialist training course on supporting vulnerable pregnant young women and their partners, particularly those with care experience, to make informed choices about pregnancy and abortion

### Course aims:

- To raise awareness and understanding of teenage pregnancy and abortion specifically in relation to young people in care and care leavers
- To enable professionals working with young people in care and leaving care to facilitate constructive discussion of the issues and to support a process of informed decision-making

The most valuable part of today's training that I will use in my place of work was **feeling confident** discussing these issues with young people  
Leaving Care Worker  
Durham  
October 2008

- To facilitate reflection of personal attitudes and values and how they impact on professional practice

- To promote understanding of the unique needs of young people in and leaving care in relation to pregnancy decision-making

### Outcomes- by the end of the course participants will:

- Have considered their own and others' view points on pregnancy and abortion and reflected on how these might influence their work with young people

- Be better able to take a client focus

- Have considered practical ways of supporting a young person to make an informed decision about pregnancy and feel more confident in doing so

It was **all valuable**. I liked the facilitator's approach  
Leaving Care Worker  
Barking and Dagenham  
November 2008

- Understand key policies relating to young people, abortion, confidentiality and the law

- Know about abortion provision and understand abortion in relation to physical and emotional health

- Be better prepared to respond to the unique needs of young people in care and care leavers

# Education For Choice Training Booking Form



Commissioning organisation	
Contact name	
Address	
Telephone no.	
Email address	
Purchase order no.	
Invoice address (if different to above)	

Name of course(s) (circle)	Abortion: Decisions and Dilemmas	Pregnancy: Choices and Challenges
Date of course(s)		
Number of participants <b>(min 9, max 15)</b>		
Venue address		
Contact name at venue		
Telephone no.		
Email address		
Train station nearest to venue		
Recommended accommodation details for the facilitator		

## Resources

The activities facilitated during Abortion: Dilemmas and Decisions are included in a comprehensive resource that incorporates the exercises themselves, teaching notes, fact sheets and background information.

A 20% discount applies if 10 or more copies are ordered at the time of booking:

1 to 9 copies @ £17.50 each plus p+p. 10 or more copies @ £14.00 each plus p+p

Number of resources required:

Why have you chosen EFC to deliver your training?	
Where did you hear about us?	
Would you like to receive copies of participant evaluations?	

# Education For Choice Training

## Terms and Conditions



### Fees/Expenses

Please note that the **course fee of £950 is payable immediately on confirmation of booking.**

Travel expenses will be invoiced for separately, following training delivery.

**Cancellation policy:** in the event that you need to cancel the course for any reason, the following will apply:

**Up to four weeks prior** to the course date: no refund of course fee

**Four to eight weeks prior** to the course date: 50% of the course fee will be refunded

**More than eight weeks prior** to the course date: 90% of the course fee will be refunded

Please note that travel expenses already incurred by the time of cancellation will not be refunded (travel is booked as early as possible in order to keep expenses for the commissioner to a minimum.)

**Signature of course organiser:**

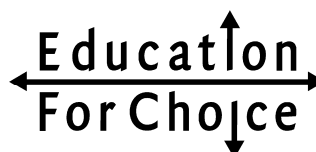
X

**Your signature confirms you agree to the terms and conditions set out above.**

**When booking an Education For Choice training, please remember to arrange the following:**

The venue to be available and staffed for the duration of the course: from 09.00 for set up through to a 16.15 close for Decisions and Dilemmas and to 16.45 for Choices and Challenges ( <i>Participants should arrive by 9.15 for registration for both courses. Participants should plan to finish at 16.00 for D&amp;D and 16.30 for C&amp;C.</i> )	
One room large enough to allow space for breakout groups	
Chairs to be arranged in a horse-shoe shape	
Just a couple of desks to be available at the front of the room for the facilitator	
A flipchart stand & paper, computer with Power Point and projector, a TV & video or DVD player	
Water readily available throughout the day for all participants	
Light refreshments at 11.00	
Lunch to be served at 13.00	
A full participant list to be sent to us well in advance of the training	
The completion and return of the local services document	

Please return this form to:  
**Education For Choice**  
 The Print House  
 18 Ashwin Street  
 London E8 3DL  
 Phone: 020 7249 3535



**Registered Charity No. 1010629**

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